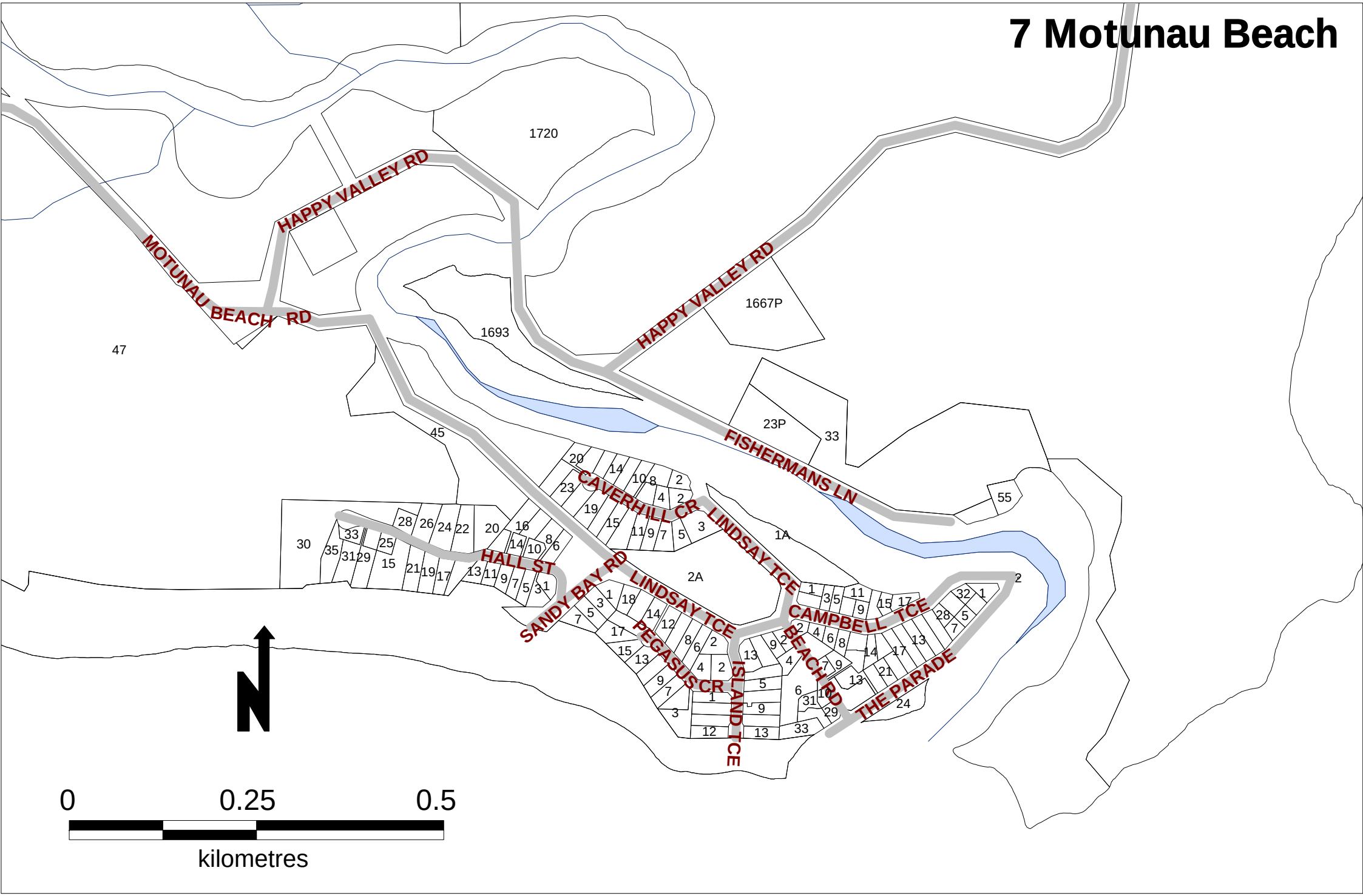7 Motunau Beach